

LaCrosse Ages Based upon 2016-2017 School Year

Introduction to Lacrosse – Soft Sticks

Learn the basic skills of lacrosse, the fastest game on two feet. The clinic will teach the basic lacrosse skills of cradling, scooping, passing, catching and shooting. These skills are the foundation for both the girl's and boy's games of lacrosse. The clinic will utilize soft stick lacrosse equipment, provided for each participant.

GRADE	DAY	DATES	TIME	R/NR FEE	CODE
1st-2nd*	Th	7/6-7/27	6:00-7:00 pm	\$30/\$45	2500.240

WRO

Min: 6 Max: 20

Instructor: Waukesha Lacrosse Club

Introduction to Lacrosse

Learn the basic skills of lacrosse, the fastest game on two feet. The clinic will teach the basic lacrosse skills of cradling, scooping, passing, catching and shooting. These skills are the foundation for lacrosse. The clinic will utilize standard lacrosse equipment, provided for each participant. (Boys: Helmet, Shoulder Pads, Arm Guards, Gloves and Stick). Boys must provide their own mouth guard and protective cup. (Girls: Goggles and Stick) Girls must provide their own mouth guard.

GRADE	DAY	DATES	TIME	R/NR FEE	CODE
BOYS					
3rd-8th	M	7/10-7/31	6:30-7:30 pm	\$30/\$45	2500.242
GIRLS					
3rd-8th	Th	7/6-7/27	7:00-8:00 pm	\$30/\$45	2500.241

WRO

Min: 6 Max: 25

Instructor: Waukesha Lacrosse Club

Lacrosse Skills

The Lacrosse Skills clinic is for the player with prior lacrosse playing experience. The clinic will provide the opportunity for the players to continue to develop their lacrosse skills of cradling, scooping, passing, catching, shooting, dodging, etc.. These skills are the foundation for the games of lacrosse. The clinic will utilize standard lacrosse equipment. Players must provide their own equipment. (Boys: Helmet, Shoulder Pads, Arm Guards, Gloves, Stick, protective cup and mouth guard.) (Girls: Goggles, Stick and mouth guard.)

GRADE	DAY	DATES	TIME	R/NR FEE	CODE
BOYS					
3rd-8th	M	7/10-7/31	6:30-7:30 pm	\$30/\$45	2500.244
GIRLS					
3rd-8th	TH	7/6-7/27	7:00-8:00 pm	\$30/\$45	2500.243

WRO

Min: 6 Max: 25

Instructor: Waukesha Lacrosse Club

Learn to Play Hockey: Introduce your child to the basics of shooting, passing, stick-handling and game play in this 6-week course. (Must have completed a learn to skate class)

AGE	DAY	DATES	TIME	FEE
4-11	W	5/24-6/28	6:00-6:45 pm	\$75
4-11	W	7/12-8/16	6:00-6:45 pm	\$75

Registration for Hockey Player Initiation is taken at the rink.



Learn to Skate

These six week classes will help youth to develop confidence on the ice by learning forward and backward skating, turns, stops, falling and recovery. It is suggested that young children bring helmets (bike helmet or similar) to the class, dress warm and come early to allow time to get skates on before class. Fee includes skate rental. Total class size is 35 skaters.

AGE	DAY	DATES	TIME	R/NR FEE	CODE
4-12	W	5/24-6/28	5:30-6:00 pm	\$69/\$89	1500.278
4-12	W	7/12-8/16	5:30-6:00 pm	\$69/\$89	1500.279

Naga-Waukee Ice Arena, 2946 Golf Road, Delafield

Instructor: Waukesha County Staff

Min: 1 Max: 7

Skateboard Basics – Beginner Level

These classes will emphasize safety and etiquette of the skate park. Participants will learn the terms and lingo of skateboarding. Basic tricks will be taught and include the ollie, shove-it, 180, and the kick flip. Knee and elbow pads are highly recommended, skateboard and helmets are required. A permission slip/waiver form must be signed prior to class.

AGE	DAY	DATES	TIME	R/NR FEE	CODE
8-9	M	8/7-8/21	5:30-6:00 pm	\$26/\$46	1500.270
10-15	M	8/7-8/21	6:00-6:30 pm	\$26/\$46	1500.271
8-9	W	8/9-8/23	5:30-6:00 pm	\$26/\$46	1500.274
10-15	W	8/9-8/23	6:00-6:30 pm	\$26/\$46	1500.275

Horeb Springs Skate Park

Instructor: Andy Feuling

Min: 6 Max: 8

Tag Rugby

Waukesha Parks Recreation and Forestry Department and Catholic Memorial High School are working together this year for the 201 Tag Rugby Program. Rugby is the newest Olympic sport and kids can learn the fundamentals right in Waukesha. This 7-week, non-contact program will teach the basics while focusing on sportsmanship, running, evading, passing and tagging others. These sessions are designed for 1st-8th graders, including those just completing 8th grade.

Program description:

- 45 minutes of drills followed by 45 minutes of games.
- Skill development by rugby coordinators & assistant coaches.
- Rugby coordinators will officiate and offer instructional tips during games.
- Assistant coaches needed to encourage and direct players.
- All players receive a rugby t-shirt, new players this year receive a rugby ball.
- Four optional Saturday tournaments available to interested participants.

GRADE	DAY	DATES	TIME	R/NR FEE	CODE
1st & 2nd	F	6/16-7/28	5:00-6:30 pm	\$64/\$84	2600.200
3rd & 4th	F	6/16-7/28	5:00-6:30 pm	\$64/\$84	2600.201
5th & 6th	F	6/16-7/28	5:00-6:30 pm	\$64/\$84	2600.202
7th & 8th	F	6/16-7/28	5:00-6:30 pm	\$64/\$84	2600.203

Merrill Crest Park

Min: 20 Max: 40

Instructors: Joe Cunningham
cunningjoe@gmail.com / 262-490-1702
John Waliszewski
jwaliszewski@catholicmemorial.net



Hooper Hands Summer Day Camp Drills, Skills and Games

Are you ready for some fun while learning the basic fundamentals of basketball? Little Hoopers will participate in different fundamental drills, skill challenges, team play, and fun games. We provide a non-competitive environment to develop and excite the kid's vision of the game of basketball. Each camper will receive a t-shirt.

AGE	DAYS	DATES	TIME	R/NR FEE	CODE
4-5	Tu-F	6/20-6/23	1:00-2:00 pm	\$60/\$80	2500.215
6-8	Tu-F	6/20-6/23	2:15-3:15 pm	\$60/\$80	2500.216
4-5	Tu-F	7/18-7/21	1:00-2:00 pm	\$60/\$80	2500.217
6-8	Tu-F	7/18-7/21	2:15-3:15 pm	\$60/\$80	2500.218

Schuetze Recreation Center, Gym Min: 5 Max: 20
Instructor: John Leavell, Hooper Hands Basketball Academy

Little Hooper 3 on 3 Basketball League

This is a mini-basketball league class. In the first 20 minutes of class, participants will complete a series of different basketball fundamental drills and skills, followed by 25 minute game play. We provide a non-competitive environment to develop and excite the kid's vision of the game of basketball. Each camper will receive a t-shirt.

AGE	DAYS	DATES	TIME	R/NR FEE	CODE
4-5	W	6/14-7/19	6:30-7:15 pm	\$54/\$74	2500.219
6-8	W	6/14-7/19	7:20-8:05 pm	\$54/\$74	2500.220

Schuetze Recreation Center Gym Min: 12 Max: 24
Instructor: John Leavell, Hooper Hands Basketball Academy



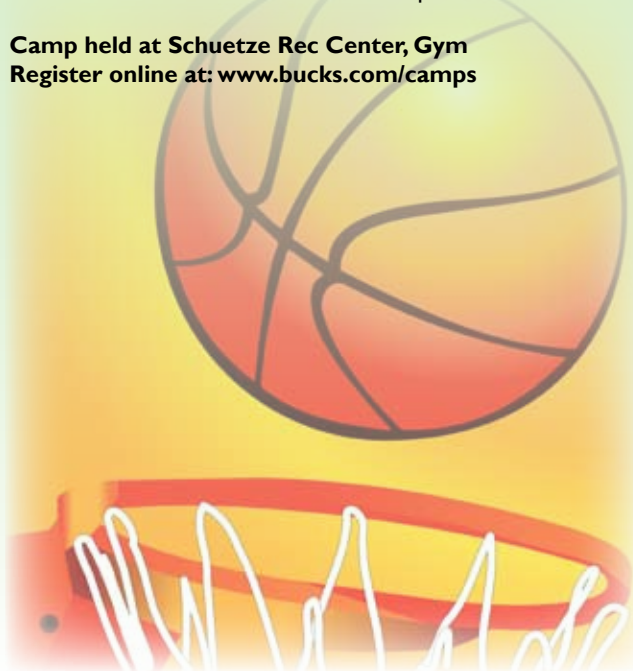
Milwaukee Bucks Basketball Camp

Milwaukee Bucks Camp is designed to teach young players the fundamentals through station work, competitive games and drills in a fun environment. Our professional coaches are handpicked for their basketball knowledge and ability to work well with kids. The camp is open to boys and girls ages, 7-15.

All registration is done online at
www.bucks.com/camps

AGE	DAYS	DATES	TIME	R/NR FEE
7-15	M-TH	8/14-8/17	9:00 am-4:00 pm	\$215
	F	8/18	9:00 am-1:00 pm	

Camp held at Schuetze Rec Center, Gym
Register online at: www.bucks.com/camps



Golf Lessons for Youth

Swing away into summer! Students will learn grip, stance, swing and putting techniques. Bring a junior set or one junior iron and putter. Moor Downs Club House can provide golf clubs for free for use during class. Class will be held rain or shine.

AGE	DAY	DATES	TIME	R/NR FEE	CODE
9-11	Tu	6/13-7/25 (no class 7/4)	8:00-8:55 am	\$48/\$68	5900.200
9-11	W	6/14-7/26 (no class 7/5)	9:00-9:55 am	\$48/\$68	5900.222
9-11	W	6/14-7/26 (no class 7/5)	10:00-10:55 am	\$48/\$68	5900.223

Moor Downs Golf Course Practice Green on Barstow St.

Instructor: Mike Quinlan

Min: 6 Max: 10

Golf Lessons for Pee Wees

This class is for youngsters with golf fever! Students will learn grip, stance, swing and putting techniques. Bring a junior iron and putter. Moor Downs Club House can provide golf clubs for free for use during class. Class will be held rain or shine.

AGE	DAY	DATES	TIME	R/NR FEE	CODE
6-8	Tu	6/13-7/25 (no class 7/4)	9:00-9:55 am	\$48/\$68	5900.201
6-8	Tu	6/13-7/25 (no class 7/4)	10:00-10:55 am	\$48/\$68	5900.202
6-8	W	6/14-7/26 (no class 7/5)	8:00-8:55 am	\$48/\$68	5900.203

Moor Downs Golf Course Practice Green on Barstow St.

Instructor: Mike Quinlan

Min: 6 Max: 10

Golf Lessons for Junior

Moor Downs Golf Course Junior Lessons will introduce your child to the game and course play. Class size will be limited to 8 children (3 children minimum), and they are available to children age 6 and up from the beginner to intermediate levels. Beginner-oriented lessons focus on:

- Fundamentals of golf etiquette •Basic rules
- Putting, chipping and full shots •Course play
- Fun Atmosphere

AGE	DAY	DATES	TIME	R/NR FEE	CODE
6-12	Su	6/4-7/2 (no class 6/18)	11:00 am-Noon	\$60/\$80	5900.224
13-18	Su	6/4-7/2 (no class 6/18)	12:15-1:15 pm	\$60/\$80	5900.229
6-12	Tu	6/20-7/18 (no class 7/4)	11:30 am-12:30 pm	\$60/\$80	5900.225
13-18	Tu	6/20-7/18 (no class 7/4)	12:45-1:45 pm	\$60/\$80	5900.230
6-12	W	6/21-7/19 (no class 7/5)	11:30 am-12:30 pm	\$60/\$80	5900.226
13-18	W	6/21-7/19 (no class 7/5)	12:45-1:45 pm	\$60/\$80	5900.231
6-12	Tu	7/25-8/15	11:30 am-12:30 pm	\$60/\$80	5900.227
13-18	Tu	7/25-8/15	12:45-1:45 pm	\$60/\$80	5900.232
6-12	W	7/26-8/16	11:30 am-12:30 pm	\$60/\$80	5900.228
13-18	W	7/26-8/16	12:45-1:45 pm	\$60/\$80	5900.233

Moor Downs Golf Course Practice Green on Barstow St.

Instructor: Mike Quinlan

Min: 3 Max: 8



Junior Golf League

Eligibility-Participants wishing to play in the standard golf league or Footgolf league must be a Waukesha County resident and at least 10 years of age by 6/20/17 and not 18 years of age by 8/8/17. All participants must have played on regulation courses for at least one year. Each participant is given a punch card with 7 rounds of golf. If you miss a week of junior golf, you can redeem your unused punches at any time during the season.

Junior Golf League:

Tuesday 6/20-7/25 (No 7/4)

Golf Time: 10:30-Noon \$100

Junior FootGolf:

Tuesday 6/20-7/25 (No 7/4)

FootGolf Time: Noon-1:30 pm \$80

For more information or to sign up go to:

www.golfwaukeshacounty.com/crush-it

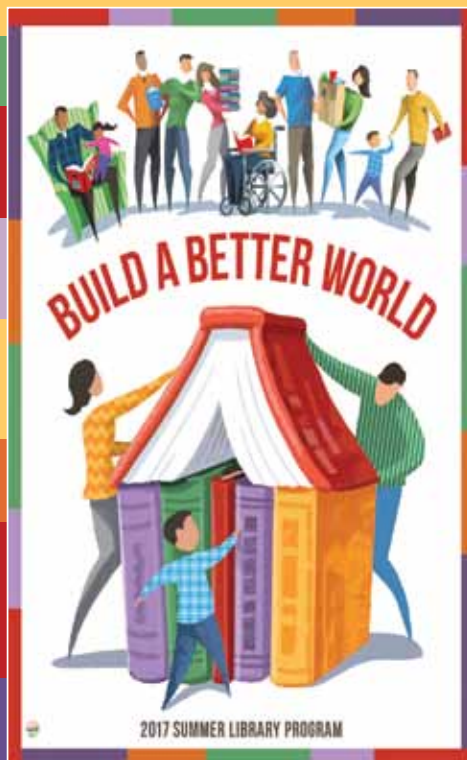


Moor Downs is participating in a nationally-run program called Sticks for Kids, which provides the tools and opportunities necessary to allow as many junior golfers as possible to enjoy the game of golf. This allows Moor Downs to offer the use of junior clubs free of charge. If you do not have a set of golf clubs and bag, we can provide them for use during the lesson, on a first come, first served basis. Please call the course to reserve a set.

321 Wisconsin Ave., Waukesha, WI 53186
262-524-3692
www.waukeshapubliclibrary.org



Programs for Children & Families



The Waukesha Public Library's Summer Reading Club is dedicated to motivating children to read.

Our goal is to make reading a fun and beneficial part of everyday life. While some children may be motivated by the surprises we distribute, we hope that most of the joy will come from the satisfaction of reaching a personal goal, parental enthusiasm and the sheer pleasure of reading.

Summer Reading Club

Open to children age birth through those finishing 6th grade. Please register your child for the grade they will be entering in the fall of 2017.

Registration begins: Thursday, June 1

First day to turn in reading record:

Monday, June 12

Summer Reading Club ends:

Saturday, August 5

Children age 3 years through those finishing 6th grade

From June 1 – August 5, kids who participate in the Summer Reading Club read books & win prizes. Not only is it fun and a great excuse to visit the library, but participation in the program keeps kids reading—and learning—all summer long.

Children under the age of 3 years

It's never too early to start reading to your child! Parents can learn early literacy techniques and little ones can earn a book. This reading club is designed for children age birth to 36 months and their parents.

Photo courtesy of Heifer International



Read to Feed!

HEIFER INTERNATIONAL

By joining the **Summer Reading Club**, children will not only improve their reading abilities, but will also have an opportunity to provide animal gifts to others in the world as they read. With a generous donation from the Waukesha County Community Foundation Donald J. & Betty Lou Tikalsky Fund, the money sponsored from the children's reading will provide livestock and training to needy families around the world. The more minutes they read, the more families we can reach.

Heifer International's mission is to work with communities to end world hunger and poverty and to care for the earth.



Summer Reading Club Kick-Off & Buchnerfest

Help us celebrate this year's summer reading theme **Build A Better World!** and the opening of Buchner pool. This is a collaboration of the Waukesha Public Library, Waukesha Parks, Recreation & Forestry Department and the Waukesha County Dairy Promotions Committee.

Saturday, June 10, 10:00 a.m.- noon

Buchner Park, 231 Oakland Avenue
Inclement weather? Please call the WPRF information line at 262-522-9356.

Storytime ~ 10:00-11:00 a.m.

Join the library staff for fun, interactive stories.

Face painting ~ 10:00 a.m.- noon

(Friends of the Library)

Mr. Chris: Magic & Stories ~ 11:00-11:45 a.m.

Our very own library performer Mr. Chris will kick off the season with a very special magic performance! Children of all ages will enjoy interactive storytelling, magic tricks, and musical sing-alongs as we say HELLO to summer.

FREE Ice Cream ~ 11:45 a.m.-noon

A gift to the children from the Waukesha County Dairy Promotions Committee.

Activities include:

- Cows in the Courtyard!
- Design and decorate your own recycled art creation!
- Plant your favorite flower and watch it grow!
- Test your skills with the Blastball base run challenge!
- Pack a picnic and stay for the Buchner Pool Opening Day. Doors open at 12:30 p.m.

NEW!

Rip Roaring Reading Program Wrap-up!

Monday, August 7, 1:00-2:00 p.m.

Help us celebrate your reading accomplishments at this special party in Cutler Park. It's the perfect time to finish up your reading records and turn them in! Kidsplay will start us off with a fun and lively comedy act. We'll follow it up with an ice cream party for everyone who attends.

STORYTIMES

No registration required for these programs.

Outdoor Storytimes

All ages welcome.

Wednesdays, 11:00 a.m.

June 14 – August 2

Bring a blanket and a bag lunch and enjoy a half hour of stories and activities in Cutler Park. Rain or shine – we'll meet in the Children's Program Room if it rains.

Stories Alive ~ Drop-in

All ages welcome. Children's Program Room.

Fridays, 9:30 a.m. & 10:30 a.m.

June 9 – August 4

Discover treasures that await you in children's stories.

Stories in the Park

All ages welcome.

Stories, tongue-twisters, reader's theater and magic tricks. The Library offers storytimes for children at these parks:

Mondays, July 10 – July 31

Banting Park: 12:30-1:00 p.m., 2101 Butler Drive

Buchner Park: 2:00-2:30 p.m., 231 Oakland Avenue

Merrill Crest Park: 3:00-3:30 p.m., 616 S. University Dr.

Bilingual Storytimes in the Parks

Thursdays, July 13 – August 3

Sentinel Park: 12:30-1:00 p.m.

Corner of West Ave. & Sentinel Dr.

Saratoga Park: 1:30-2:00 p.m., 301 S. Prairie Ave.

DROP-IN PROGRAMS

No registration required for these programs.

Kid's Fun Zone LIBRARY ACTIVITY DAY

Children of all ages & their families.

No registration required.

Mondays, 10:00 a.m.-7:00 p.m.

June 12 – July 31 (July 3 we will celebrate Independence Day)

Build A Better World! using your imagination and materials provided by the library. Each week we'll have different stations set up for children and families to build, invent, explore and create. Themes include mini-golf, hand-made donations for local charities, architecture, and much more! You choose the time of day you'd like to come and we'll provide the fun!

Happy Birthday America!

All ages welcome. Children's Program Room.

Monday, July 3

10:00 a.m.-7:00 p.m. drop in anytime

Join us as we celebrate our nation's birthday! Learn about America's symbols, make a party hat to wear in the parade, and enjoy activities and games that are sure to be a hit!

Game Days

No registration required.

Fridays, 2:00-4:00 p.m., June 9 – August 25

We've got the board games, iPads and Wiis...you just need to come for the fun!

FAMILY FUN

Performances for all ages.

TUESDAYS

in the Children's Program Room

FREE tickets are available at the Children's Reference Desk 45 minutes prior to the performance. Programs are sponsored by the Friends of Waukesha Public Library and Bridges Library System.

June 13, 3:30 p.m. & 7:00 p.m.

Comedy Sportz!

The CSz Milwaukee two-person exhibition match is a fast paced, fun, wild ride of improvised comedy! With fun-loving audience volunteers, our players will make you laugh, giggle, and laugh some more!

June 20, 3:30 p.m. & 7:00 p.m.

LEGO™ City ~

An Exploration in Architecture

Architect John Peine and his wife Sylvia will introduce the audience to architecture using LEGOs. After, help build a LEGO city. All materials provided.

June 27, 3:30 p.m. & 7:00 p.m.

Animal Quest

Get ready to embark on an unforgettable journey into the wild and wondrous world of the animal kingdom!

July 4 ~ No performances on this day.

LIBRARY CLOSED

July 11, 3:30 p.m. & 7:00 p.m.

Circus Boy ~ Bobby Hunt

This performance features magic, juggling, and loads of laughs! Circus Boy holds a Guinness World Record for riding the world's smallest bike.

July 18, 3:30 p.m. & 7:00 p.m.

Salsabrosa Dance Company, MKE

Experience Latin music sensation and flair as Salsabrosa performs its unique brand of dance.

July 25, 3:30 p.m. & 7:00 p.m.

Magician ~ David Seebach

An enjoyable mix of magic, mystery and lots of audience participation.

August 1, 3:30 p.m. & 7:00 p.m.

Bassmeister

Features the zany antics of a northwoods fisherman!

August 8, 3:30 p.m. & 7:00 p.m.

Pint-Sized Polkas

Dance the polka half-step to an accordion beat! This Polish and Bohemian tradition is just right for pint-sized little ones and their families.

August 15, 3:30 p.m. & 7:00 p.m.

Traveling Lantern ~

The Ribbles Build a Residence

Thia Tweet, bird architect extraordinaire, and Gerry the Ant Contractor assist the Ribbles in building a new home for a better world. A theater performance you won't want to miss!

A Tale of Two Hemispheres

Thursday, August 17, 2:00 p.m.



Enjoy two plays in one about opposite sides of the globe highlighting polar bears and penguin puppet friends. Kohl's Wild Theater, presented by the Zoological Society of Milwaukee.

Fun with JumpBunch

Children 3-6 years old. Registration required.

Thursdays, 10:00-10:30 a.m. OR 11:00-11:30 a.m.

June 15 – July 27

A non-competitive introduction to sports and fitness through activities and stories. A fun experience!

STEAM Discovery Center

Drop-in activities for children age 7-12 years.

Thursdays, 2:00-3:00 p.m., June 15 – July 27

Children are curious about how the world works and enjoy exploring, building, and inventing. Drop into the Children's Program Room between 2:00-3:00 p.m. There will be different centers set up for children to work on their own, with others, or with Library staff!

Fantastic Flicks

Children of all ages and their families.

Held in the Children's Program Room.

Wednesdays, 2:00 p.m., August 2, 9, 16 & 23

Enjoy a newer release or popular family movie.

Book Discussions

Books are provided by the Friends of the Library and are yours to keep if you join us for the discussion. *Register in the Children's Services Dept. Register your child for the grade that they will be entering in the fall of 2017.*

1st & 2nd Grade

Wednesdays, 1:00-1:45 p.m.

June 14: *Upstairs Mouse, Downstairs Mole* by Wong

Herbert Yee. *Walk-in only registration begins June 1.*

June 28: *Salsa: A Cooking Poem* by Jorge Argueta

Walk-in only registration begins June 14.

July 12: *Ling & Ting: Twice as Silly* by Grace Lin

Walk-in only registration begins June 28.

3rd & 4th Grade

Wednesdays, 2:30-3:15 p.m.

June 14: *Charlotte's Web* by E.B. White

Walk-in only registration begins June 1.

June 28: *The One and Only Ivan* by Katherine

Applegate. *Walk-in only registration begins June 14.*

July 12: *The Cricket in Times Square* by George

Selden. *Walk-in only registration begins June 28.*

5th & 6th Grade

Tuesdays, 1:00-1:45 p.m.

June 13: *As Brave as You* by Jason Reynolds

Walk-in only registration begins June 1.

June 27: *Seedfolks* by Paul Fleischman

Walk-in only registration begins June 13.

July 11: *Fish in a Tree* by Lynda Mullaly Hunt

Walk-in only registration begins June 27.



(Age as of September 1, 2017)

NOTE: All children must be potty trained.

Pre-school is designed as a year long program. Information on the Winter/Spring semester will be available late November. Fox Tale Pre-School provides children with a warm, nurturing experience that fosters positive attitudes for a love for learning and exploring the world around them. In this class, children will be introduced to age appropriate skills. Using seasonal and a thematic approach, we will enjoy creative activities to increase cognitive and social skills. Art, stories, movement, music and play will make for a wonderful first school experience for your child.

Special Notes:

- Parents/caregivers (without siblings) may volunteer to assist in the classroom.
- All students must bring a backpack, change of clothes and sack lunch and drink (no soda). Please label all these items.
- 12 week session

THREE YEAR OLD PRE-SCHOOL (1 day a week)

AGE	DAY	DATES	TIME	R/NR FEE	CODE
3	Tu	9/12-12/12	9:00 am-12:30 pm	\$198/\$218	1000.300
		(no class 10/24, 11/21)			
3	F	9/8-12/15	9:00 am-12:30 pm	\$198/\$218	1000.301
		(no class 10/6, 10/27, 11/24)			

Schuetze Recreation Center, Activity Room Min: 12 Max: 24

Instructor: Melanie Gersch, Licensed Pre-School Teacher and Lisa Morris, Teacher Assistant

NOTE: We encourage participants to sign up for the pumpkin farm trip on October 6. Information on the trip will be in the Fall Activity Guide.



Music Maker and More Early Childhood Music Classes

(Parent & Child Program)

This sing along musical activity group is designed for children and their parents or caregivers. The class incorporates traditional children's songs, finger plays, rhythm instruments and dance movements as well as puppets that help tell a story within the songs. Our goal is to give children an interest and love for all kinds of music. Bring your dancing feet and join us for a fun family class!

AGE	DAY	DATES	TIME	R/NR FEE	CODE
9 mths-4 yrs	Tu	6/13-7/11	10:15-10:45 am	\$34/\$51	1000.282
		(no class 7/4)			
9 mths-4 yrs	Tu	7/18-8/8	10:15-10:45 am	\$34/\$51	1000.283
9 mths-4 yrs	Th	6/15-7/13	10:15-10:45 am	\$34/\$51	1000.284
		(no class 7/6)			
9 mths-4 yrs	Th	7/20-8/10	10:15-10:45 am	\$34/\$51	1000.285

E.B. Shurts Building, Women's Club Room Min: 6 Max: 14

Instructor: Music Makers

NOTE: Price per child not per family

NOTE: Ages are recommendations not restrictions, children who are younger or older may register.

Ballet

Encourage your little one to embrace their inner dancer! Students will have fun learning ballet while practicing balance, poise and grace. Family members are invited to attend the last class and watch the students showcase their hard work. Students must wear a leotard (no skirts) and tights. Ballet students must wear LEATHER ballet shoes. Supplies may be purchased through the studio (cash or check only). After completion of Beginning Ballet, all ages may take the Continuing Ballet class.

AGE	DAY	DATES	TIME	R/NR FEE	CODE
BEGINNING PRE-BALLET					
3-4	Th	6/15-8/3	5:00-5:30 pm	\$57/\$77	7800.230
*CONTINUING BALLET					
3+	Th	6/15-8/3	5:30-6:00 pm	\$57/\$77	7800.231
BEGINNING BALLET					
5+	Th	6/15-8/3	6:00-6:30 pm	\$57/\$77	7800.232

Olde Metropolitan Bldg, 250 West Broadway Min: 6 Max: 10

Instructor: Sandy Kellar, Kellar Dance Studio

NOTE: Phone: (262) 542-8224 (for supply information only, registration is through WPRF). *Prerequisite for Continuing Ballet: must have taken our Beginning Pre-Ballet or Beginning Ballet class. Students MUST be 3 years of age by the start of the first class for Beginning Pre Ballet and Continuing Ballet.

Tumbling Tykes

(Parent & Child Program)

In this program, children will be introduced to basic locomotor skills. Children will creatively explore different skills using hoops, bean bags, rhythm sticks, gymnastic equipment and more.

AGE	DAYS	DATES	TIME	R/NR FEE	CODE
14-24 mnths	Th	6/15-7/27 (no class 7/6)	5:30-6:00 pm	\$33/\$50	1000.241

E.B. Shurts Building, Women's Club Room Min: 6 Max: 12
Instructor: Stephaney Hesselgrave-Liebau and Robin Bickler

Tumbling Tots

(Parent & Child Program)

Students will work on body awareness, balance, locomotion, special relationships and rhythm. Movement activities - tumbling, balance beam skills and other activities will be used that are designed to foster success and enhance self esteem.

AGE	DAYS	DATES	TIME	R/NR FEE	CODE
2-3	Tu	6/13-7/25 (no class 7/4)	5:30-6:00 pm	\$33/\$50	1000.242
2-3	Tu	6/13-7/25 (no class 7/4)	6:10-6:40 pm	\$33/\$50	1000.243
2-3	Th	6/15-7/27 (no class 7/6)	6:10-6:40 pm	\$33/\$50	1000.244

E.B. Shurts Building, Women's Club Room Min: 6 Max: 12
Instructor: Stephaney Hesselgrave-Liebau and Robin Bickler

Rolly Polly

Students will learn basic tumbling skills (forward roll, backward roll and cartwheels). They will also be introduced to the junior swing bar, beam and trampoline.

AGE	DAYS	DATES	TIME	R/NR FEE	CODE
4-6	Th	6/15-7/27 (no class 7/6)	6:45-7:30 pm	\$33/\$50	1000.245
4-6	Sa	6/10-7/22 (no class 7/1)	8:30-9:15 am	\$33/\$50	1000.246

E.B. Shurts Building, Women's Club Room Min: 6 Max: 12
Instructor: Stephaney Hesselgrave-Liebau and Robin Bickler

Tumbling - Beginner I

Students will learn new skills on the balance beam and junior swing bar. During floor exercise, forward and backward rolls, cartwheels and handstands are skills that will be developed.

AGE	DAYS	DATES	TIME	R/NR FEE	CODE
6+	Sa	6/10-7/22 (no class 7/1)	9:20-10:05 am	\$33/\$50	1000.247
6+	Tu	6/13-7/25 (no class 7/4)	6:45-7:30 pm	\$33/\$50	1000.248

E.B. Shurts Building, Women's Club Room Min: 6 Max: 12
Instructor: Stephaney Hesselgrave-Liebau and Robin Bickler
NOTE: This is a skill based class.

Tumbling - Beginner II to Intermediate

All skills will continue to be perfected with an emphasis on form, increased flexibility and strength. When students are physically ready, they will continue to learn new skills such as handstands, backbends, round off rebounds and back walk-overs.

AGE	DAYS	DATES	TIME	R/NR FEE	CODE
7+	Sa	6/10-7/22 (no class 7/1)	10:15-11:00 am	\$33/\$50	1000.249

E.B. Shurts Building, Women's Club Room Min: 6 Max: 12
Instructor: Stephaney Hesselgrave-Liebau and Robin Bickler
NOTE: *Successful Completion of Tumbling - Beginner I



YOUTH ENRICHMENT / DISCOUNT TICKETS

Chefs in the Making – The Healthy Lunch Box!

Kids will learn about different healthy lunch options and have the opportunity to create and eat their own nutritious lunches! A variety of different foods will be provided.

AGE	DAY	DATES	TIME	R/NR FEE	CODE
6-12	W	8/23	11:00 am-Noon	\$21/\$32	1500.230

Schuetze Recreation Center Kitchen

Min: 5 Max: 15

Instructor: Laura Moore

NOTE: Children will not be eating during class. Please bring enough containers to take home 4-5 recipe creations. It is also recommended that each "Chef in Training" bring a smock or apron to wear. All other supplies provided.

S.P.A.R.C

Join us for a 9-week summer recreation program for individuals with disabilities. At camp, children and adults have opportunities to build social skills, explore interests and talents, make friends and experience being part of a community. This summer camp offers respite care for your child and provides a fun and safe environment. A certified nursing assistant is on staff with the ability to administer medication.

AGE	DAY	DATES	TIME
7-21	M-F	6/19-8/18	7:30 am-6:00 pm

Schuetze Recreation Center

Min: 10 Max: 30

Registration/Fees through Easter Seals

Instructor: Easter Seals Southeast Wisconsin Staff

NOTE: Full and half day options are available. For registration information and an application, visit www.eastersealwise.com or call (414)449-4444.



Cops and Bobbers

Get hooked on fishing rather than drugs and crime! The City of Waukesha Police Department will be offering a fishing outing this summer in conjunction with the Cops and Kids Foundation. Participants will learn how to fish and about preservation of our natural resources. The

outing will include fishing on Pewaukee Lake, lunch, a t-shirt and door prizes. City of Waukesha residents are encouraged to sign their kids up. Pickup and drop off will take place at Nettesheim Park in Pewaukee. Participants will be bused to and from the boat launch.

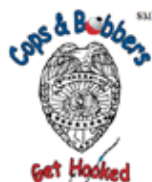
AGE	DAYS	DATES	TIME	R/NR FEE	CODE
7-16	W	6/21	9:00 am-Noon	No Fee	2500.273
7-16	W	7/12	9:00 am-Noon	No Fee	2500.274

Nettesheim Park, N26 W27495 Prospect Avenue, Pewaukee, WI

Min: 8 Max: 18

Instructors: WPD Officers

NOTE: *A liability waiver must be completed in order to participate in the outing. Waivers will be e-mailed and mailed out as well as available at the park on the day of the event.



Discount Tickets



Six Flags Great America Any Day

(2 & under Free)

(must be 54" and taller)

Savings of: \$26.93!

\$48.25

Six Flags Great America WPRO Week

(July 1-9)

(2 & under Free)

(must be 54" and taller)

Savings of: \$38.93!

\$36.25

Six Flags Great America & Hurricane Harbor

SEASON PASS (2 & under Free)

(must be 54" and taller)

Savings of: \$7.07!

\$81.50

Noah's Ark Water Park (36" & under Free)

Savings of: \$14.62 (Adult)!

Savings of: \$3.95 (Child)!

\$27.00

Mt. Olympus Water & Theme Park

(2 & under Free)

Savings of: \$27.75!

\$12.25

Milwaukee County Zoo – Adult

Savings of: \$3.75!

\$10.50

Milwaukee County Zoo - Child (3-11)

(2 & under Free)

Savings of: \$2.75!

\$8.50

Jet Boat Adventure – Adult

Savings of: \$4.25!

\$25.75

Jet Boat Adventure – Child (4-11)

(3 & under NOT permitted)

Savings of: \$0.50!

\$14.50

Wisconsin Ducks Tour – Adult

Savings of: \$4.25!

\$25.75

Wisconsin Ducks Tour – Child (4-11)

(3 & under free)

Savings of: \$0.50!

\$14.50

Pirate's Cove Adventure Golf (4 & under Free)

Savings of: \$3.00!

\$5.50



Lil' Dragons Tae Kwon Do

The Lil' Dragons curriculum consists of developing major skills that are necessary for participation in any sport or activity and also contains personal development skills used to reinforce family values. Each class consists of one major skill that will motivate your child to achieve any goal they set in life.

AGE	DAYS	DATES	TIME	R/NR FEE	CODE
4-6	Th	4/20-7/13	5:15-6:00 pm	\$90/\$110	1500.220
(no class 7/6)					

Schuetze Recreation Center, Riverview & Meeting Rooms

Instructor: David Galewski Min: 10 Max: 30
NOTE: A uniform is needed for the class. Uniforms may be purchased through the instructor for \$35.

Youth and Adult Tae Kwon Do

Learn and develop the Ancient Korean art of self-defense! These classes are for all ages, seven and up – Tae Kwon Do for the whole family! The Novice class will focus on self-defense, basic forms and hapkido while developing your body and mind through mental and physical discipline. Participants will also learn the basic techniques of Tae Kwon Do, such as sparring and board breaking. The Intermediate and Advanced class will focus on more complex movements while building confidence towards the goal of becoming a Black Belt. Participants will learn advanced self-defense, competition and upper belt forms, hapkido, kicking, sparring, board breaking and street survival tactics.

AGE	DAYS	DATES	TIME	R/NR FEE	CODE
NOVICE					
7+	Th	4/20-7/20	7:10-8:10 pm	\$182/\$202	1500.221
(no class 7/6)					
INTERMEDIATE AND ADVANCED					
7+	Th	4/20-7/20	6:10-7:10 pm	\$182/\$202	1500.222
(no class 7/6)					

Schuetze Recreation Center, Riverview & Meeting Rooms

Instructor: David Galewski Min: 10 Max: 25
NOTE: Testing will be held on 7/27. There is a separate fee for testing. A uniform is required and may be purchased through the instructor for \$35. Any returning students from previous classes will retain their rank, ITF forms and WTF forms styles.

Recreational Tree Climbing

Fun, Fitness, Adventure! Peaceful and invigorating, Recreational Tree Climbing utilizes professional climbing gear, which allows climbers to ascend into and explore trees safely. Gain new appreciation for trees, nature, and your City Parks. Recreational Tree Climbing is a unique activity that can be enjoyed by an individual, in small groups, and is especially rewarding to families. All gear and instruction is provided. Participants should wear long pants and sturdy shoes, and bring a sense of adventure. Challenge yourself, hang out in the trees and enjoy the view!

AGE	DAYS	DATES	TIME	R/NR FEE	CODE
FOX RIVER PARKWAY, NORTH (meet by park shelter)					
7+	Su	5/14	11:00 am-1:00 pm	\$35/\$52	1500.240
HOREB SPRINGS PARK (meet by park shelter)					
7+	Sa	6/24	10:00 am-Noon	\$35/\$52	1500.241
WOODFIELD PARK					
7+	Sa	7/15	10:00 am-Noon	\$35/\$52	1500.242
CUTLER PARK					
7+	Sa	8/12	10:00 am-Noon	\$35/\$52	1500.243

Instructor: Treetop Explorer Staff

Min: 4 Max: 18

NOTE: Long pants and sturdy shoes are recommended.

Learn to Kayak Workshop

Learn all of the basics that will prepare you to begin partaking in this fun, relaxing and adventurous activity. You will learn about different types of kayaks and which might be the best fit for you, basic kayaking safety, proper form and technique, how to launch your kayak and portage it, and other various tips and tricks to be a safe and knowledgeable recreational kayaker. Approximately 30 minutes of this program will take place on dry land and the last two and a half hours will take place headed Northwest on the Fox River and back. This course INCLUDES a kayak rental.

AGE	DAYS	DATES	TIME	R/NR FEE	CODE
8+	Sa	5/20	9:00 am-Noon	\$55/\$75	9700.210
8+	Sa	6/17	9:00 am-Noon	\$55/\$75	9700.211
8+	Sa	7/8	9:00 am-Noon	\$55/\$75	9700.212
8+	Sa	7/29	9:00 am-Noon	\$55/\$75	9700.213
8+	Sa	8/19	9:00 am-Noon	\$55/\$75	9700.214

Schuetze Recreation Center North Parking lot (meet near the outside of Rotary Building)

Instructor: Alise Wilkowski Min: 5 Max: 12

NOTE: *Participants under the age of 16 MUST also have a parent/guardian registered to participate in the class.
RAIN DATE: If the program is rained out, it will be rescheduled for the following Sunday at the same time and location. In the event both Saturday and Sunday are rained out, class will be cancelled and a credit will be issued to your account.



Family Trips

Traveling with a group is more fun. Everyone is welcome! Family trips are held rain or shine and an adult must accompany children 6 – 17 years. All trips depart from the Schuetze Recreation Center and use motorcoach transportation for all tours. Any cancellations/refunds must be requested two (2) days prior to the trip; however all tickets are non-refundable, unless a replacement is found. Alcohol is prohibited on the motorcoach.

“Beautiful” The Carole King Musical

The WPRF Department is thrilled to provide discount pricing on a new Broadway show coming to Milwaukee for the first time! Its popularity is selling out theatres everywhere! The Carole King Musical tells the inspiring true story of King's remarkable rise to stardom. From being part of a hit songwriting team with her husband Gerry Goffin, to her relationship with fellow writers and best friends Cynthia Weil and Barry Mann, to becoming one of the most successful solo acts in popular music history. Along the way, she made more than beautiful music, she wrote the soundtrack to a generation. Share this *Beautiful* new musical with a friend this Summer and discover the story behind the classic song.

Tickets for the performance are in the Rear Orchestra section of Uihlein Hall at the Marcus Center for the Performing Arts.

AGE	DAYS	DATES	TIME	R/NR FEE	CODE
6+	Su	6/25	Noon-4:00 pm	\$85	8900.202

Schuetze Recreation Center

Min: 35 Max: 52

Instructor: Marge Reuteman

NOTE: Registration Deadline is Monday, May 22, 2017.

Glacial Drumlin State Trail Pass

State Trail Passes are available at the WPRF office starting May 1.

Fee: \$25 per person annually.

A state permit is needed for anyone 16 years and older for all trail activities except walking and jogging. This pass is good on all state trails.



Spring/Summer Volunteer Opportunities at WPRF

The Parks, Recreation and Forestry Department is always seeking volunteers. Volunteering connects you to others, it helps you lead a healthier, happier life!! WPRF has a wide array of opportunities to fit every interest, skill and commitment. Make volunteering a staple of your spring and summer activities today. If you want to take your volunteering to the next level consider joining the Friends of WPRF. Contact the WPRF Volunteer Coordinator for more information: Isaac Palmer, ipalmer@waukesha-wi.gov, 262-524-3709.

Earth Day Parks Cleanup

What: Form a team and cleanup your favorite neighborhood park

When: Saturday April 22nd

Check in: Schuetze Recreation Center, 1120 Baxter St.

Waukesha, 8:00 am-9:00 am,

Park Cleanup: 9:00 am-Noon

Where: Various Parks in Waukesha

Garlic Mustard Pullathon

What: Give our native plants a chance and pull some garlic mustard at the Fox River Sanctuary

When: Wednesday May 3rd, 11:00 am-5:00 pm

Where: EB Shurts Environmental Center, 810 W College Ave, Waukesha

Mulching Schuetze Recreation Center

What: Come out to Schuetze Recreation Center and lend a hand in mulching the planting beds.

When: Thursday May 11th, 1:15 pm – 3:30 pm

Where: Schuetze Recreation Center, 1120 Baxter St.

Mulching Trails EB Shurts

What: Come out to EB Shurts for a morning of trail mulching.

When: Saturday May 20th, 9:00 am – Noon

Where: Schuetze Recreation Center, 1120 Baxter St

Tribute Tuesday

What: We need help with setup/takedown and conducting a survey.

When: Tuesdays June 13th, July 11th, August 8th, September 12th, 5:00-9:30 pm

Where: Cutler Park, 321 Wisconsin Ave., Waukesha

Carl Zach Cycling Classic

What: Be a course marshal and get a close up of the racing action in downtown Waukesha.

When: Sunday, June 18th, 11:00 am-7:30 pm

Where: Downtown Waukesha, next to Couri Insurance, 379 W Main St., Waukesha

July 4th Parade

What: 50 volunteers needed to show their hometown pride on Independence Day by carrying a banner in the parade and being parade float escorts.

When: Tuesday July 4th, 10:30 am-2:00 pm

Where: Cutler Park, 321 Wisconsin Ave., Waukesha

Buckthorn Removal Workday

What: Remove invasive buckthorn from the Fox River Sanctuary

When: Saturday August 19th, 9:00 am-1:00 pm

Where: EB Shurts Environmental Center, 810 W College Ave., Waukesha

MORNING CLASSES

Super Fit

This high energy exercise class will include Hi/Low aerobics, boot camp, circuit, interval training, cardio dance, toning, strength and more. Never a dull moment! Workouts are designed for all fitness levels and structured so no one is left behind. Great way to meet people, increase your energy level and improve your physical and social well being. Bring a water bottle and mat, no other equipment needed!

NOTE: Childcare service is available for this class.

YOUR CHOICE – HALF OR FULL SESSION

HALF SESSION:

AGE	DAYS	DATES	TIME	R/NR FEE	CODE
16+	M,W,F	6/2-7/14	9:00-10:10 am	\$46/\$66	7000.220
(no class 7/3, 7/5)					

16+	M,W,F	7/17-8/28	9:00-10:10 am	\$51/\$71	7000.221
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FULL SESSION:

AGE	DAYS	DATES	TIME	R/NR FEE	CODE
16+	M,W,F	6/2-8/28	9:00-10:10 am	\$96/\$116	7000.222
(no class 7/3, 7/5)					

Schuetze Recreation Center, Gym

Min: 12 Max: 35

Class will be held in the Activity Room on 8/14, 8/16, 8/18

Instructor: Erin Krizizke, Certified NETA Instructor

Super Fit Babysitting Service

Your child will enjoy spending time playing with other children while you stay healthy participating in exercise class.

YOUR CHOICE – HALF OR FULL SESSION

HALF SESSION:

AGE	DAYS	DATES	TIME	R/NR FEE	CODE
0+	M,W,F	6/2-7/14	9:00-10:10 am	\$30/\$45	7000.270
(no class 7/3, 7/5)					
0+	M,W,F	7/17-8/28	9:00-10:10 am	\$34/\$54	7000.271

Each additional child \$20

FULL SESSION:

AGE	DAYS	DATES	TIME	R/NR FEE	CODE
0+	M,W,F	6/2-8/28	9:00-10:10 am	\$64/\$84	7000.272
(no class 7/3, 7/5)					

Each additional child \$40

Schuetze Recreation Center, Riverview Room

Min: 8 Max: 16

Instructor: Lisa Morris



Knitting

Knitting - Beginning

In this class you will learn to cast, knit, bind off, read patterns and more. After learning the basics you will begin a project of your choice. Your confidence will grow in this fun and caring learning environment. Supplies will be loaned to participants on the first night.

AGE	DAYS	DATES	TIME	R/NR FEE	CODE
16+	M	6/5-7/17	7:00-9:00 pm	\$23/\$35	6000.222
(no class 7/3)					

Schuetze Recreation Center, Conference Room

Instructor: Michele Steinbacher

Min: 8 Max: 20

Knitting - Continuing

Join the resurgence of knitting. Beginner and Advanced knitters are wanted. Learn the basics of this useful craft or work on the project of your choice. Come and join us! We'll keep you in stitches!

AGE	DAYS	DATES	TIME	R/NR FEE	CODE
16+	Tu	6/6-7/18	7:00-9:00 pm	\$23/\$35	6000.220
(no class 7/4)					

WPRF Office, Kathryn Muehl Meeting Room

Instructor: Michele Steinbacher

Min: 8 Max: 20

NOTE: Must have good knitting skills.



EVENING CLASSES

ABC - Abs, Butt, Core

Want variety in your workout? Want to concentrate on Abs, Butt and Core? Join ABC. This class will focus on exercises to give you rock solid abs, tight buns and better balance. Strengthen and tone from head to toe. Use of balls, bands, tubes, and other "toys" will add variety and new dimensions to your workout. Please bring a water bottle and mat to class. All other equipment will be provided.

TWO DAYS A WEEK:

AGE	DAYS	DATES	TIME	R/NR FEE	CODE
16+	M,W	6/5-7/12 (no class 7/3)	5:30-6:15 pm	\$30/\$45	7000.209
16+	M,W	7/17-8/23	5:30-6:15 pm	\$32/\$48	7000.210

ONE DAY A WEEK:

AGE	DAYS	DATES	TIME	R/NR FEE	CODE
16+	M	6/5-7/10 (no class 7/3)	5:30-6:15 pm	\$14/\$21	7000.211
16+	M	7/17-8/21	5:30-6:15 pm	\$16/\$24	7000.212
16+	W	6/7-7/12	5:30-6:15 pm	\$16/\$24	7000.213
16+	W	7/19-8/23	5:30-6:15 pm	\$16/\$24	7000.214

Schuetze Recreation Center, Gym

Min: 12 Max: 35

Instructor: Sue Peterson, Certified NETA Instructor

Fit Mix

This high energy exercise class will include Hi/Low aerobics, boot camp, circuit, interval training, cardio dance, toning, strength and more. Never a dull moment! Workouts are designed for all fitness levels and structured so no one is left behind. Great way to meet people, increase your energy level and improve your physical and social well being. Bring a water bottle and mat, no other equipment needed!

TWO DAYS A WEEK:

AGE	DAYS	DATES	TIME	R/NR FEE	CODE
16+	Tu,Th	5/30-7/13 (no class 7/4)	6:15-7:15 pm	\$35/\$53	7000.200
16+	Tu,Th	7/18-8/24	6:15-7:15 pm	\$32/\$48	7000.201

ONE DAY A WEEK:

AGE	DAYS	DATES	TIME	R/NR FEE	CODE
16+	Tu	5/30-7/11	6:15-7:15 pm	\$16/\$24	7000.202
16+	Tu	7/18-8/22	6:15-7:15 pm	\$16/\$24	7000.203
16+	Th	6/1-7/6	6:15-7:15 pm	\$16/\$24	7000.204
16+	Th	7/13-8/24	6:15-7:15 pm	\$19/\$29	7000.205

Schuetze Recreation Center, Gym

Min: 12 Max: 35

Instructor: Pam Treder, Certified NETA Instructor

Gentle Yoga for Beginners

Yoga is a wonderful way to stay fit as you learn to breathe deeply and relax more fully. It's numerous health benefits help you to feel your best as you become stronger and more flexible. This is a slower paced, gentle class geared towards the beginner and those with physical limitations. Modifications and props are used so that the movements can be adapted to accommodate students of all ages and abilities. Each class finishes with a guided meditation and relaxation. Bring a yoga mat to class.

AGE	DAYS	DATES	TIME	R/NR FEE	CODE
16+	M	6/5-6/26	5:30-6:45 pm	\$35/\$53	7000.237

Rotary Building

Instructor: Marie Coakley, RYT

Min: 5 Max: 20

Yoga for Health and Fitness

Yoga is a great low impact form of exercise that uses self awareness and focus on the breath to connect Mind, Body & Spirit. This is a multi-level course designed to meet the health and fitness needs of class participants. With regular practice, yoga can help relieve the symptoms of many medical conditions including arthritis, back problems, muscle soreness and tightness due to sports or inactivity. Modifications are taught with props to meet individual needs of students so they can find balance between strength and flexibility as they are building stamina and focus. Each class finishes with guided meditation and relaxation. Bring a yoga mat to class.

AGE	DAYS	DATES	TIME	R/NR FEE	CODE
16+	W	6/7-7/12	5:30-6:45 pm	\$53/\$73	7000.234
16+	W	7/19-8/30	5:30-6:45 pm	\$61/\$71	7000.235

Rotary Building

Instructor: Marie Coakley, RYT

Min: 9 Max: 24

Zumba

Zumba is the fusion of Latin and International music dance themes that create a dynamic, exciting, effective workout! Routines will feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body. It is a mixture of body sculpting movement with easy to follow dance steps.

AGE	DAYS	DATES	TIME	R/NR FEE	CODE
16+	M	6/5-7/17	5:30-6:30 pm	\$39/\$59	7000.254
16+	M	7/24-8/28	5:30-6:30 pm	\$33/\$50	7000.255

E.B. Shurts Building, Women's Club Room

Min: 9 Max: 20

Instructor: Genelle Beyer, Certified Zumba Instructor

Instructor: Nicole Re, Certified Zumba Instructor

AGE	DAYS	DATES	TIME	R/NR FEE	CODE
16+	Tu	5/30-7/11 (no class 7/4)	6:30-7:30 pm	\$33/\$50	7000.260
16+	Tu	7/18-8/22	6:30-7:30 pm	\$33/\$50	7000.261
16+	Th	6/1-7/13	6:40-7:40 pm	\$39/\$59	7000.262
16+	Th	7/20-8/24	6:40-7:40 pm	\$33/\$50	7000.263

Schuetze Recreation Center, Activity Room

Min: 9 Max: 20

Instructor: Amy Sadenwasser, Certified Zumba Instructor

Zumba Gold – Dance Your Way to Health For Beginners to Older, Active Adults

Zumba Gold improves balance, flexibility and cardiovascular strength with its unique program. Zumba Gold is designed to teach the basic dance steps to anyone.

Difference between Zumba Basic and Zumba Gold – speed and intensity of the dance moves and length of warm up and cool down.

AGE	DAYS	DATES	TIME	R/NR FEE	CODE
16+	Th	6/1-7/13	5:30-6:30 pm	\$39/\$59	7000.266
16+	Th	7/20-8/24	5:30-6:30 pm	\$33/\$50	7000.267

Rotary Building

Min: 9 Max: 20

Instructor: Joan Bohte, Certified Zumba Instructor

Tai Chi

For Beginners to Older, Active Adults

This class will improve balance, reduce stress and anxiety while increasing your energy and endurance with a moderately aerobic exercise. Create an enhanced mental and physical relaxation, stronger posture and muscle mass. This is truly a complete body exercise, inside and out.

AGE	DAYS	DATES	TIME	R/NR FEE	CODE
16+	Tu	6/13-7/18	6:00-7:00 pm	\$28/\$45	7000.241
		(no class 7/4)			
16+	Tu	7/25-8/29	6:00-7:00 pm	\$33/\$50	7000.242

Schuetze Recreation Center, Riverview Room

Min: 9 Max: 15

AGE	DAYS	DATES	TIME	R/NR FEE	CODE
16+	Th	6/15-7/20	9:00-10:00 am	\$28/\$45	7000.243
		(no class 7/6)			
16+	Th	7/27-8/31	9:00-10:00 am	\$33/\$50	7000.244

Rotary Building

Min: 9 Max: 15

Instructor: Ginny Mathias, Certified SFA Instructor

Tai Chi – Private Lessons

Private lessons are a great way to get individualized attention to expand your skills. This opportunity compliments the weekly Tai Chi class.

1/2 HOUR INDIVIDUAL LESSON – BEFORE OR AFTER CLASS*

AGE	DAYS	DATES	R/NR FEE	CODE
16+	Tu	6/13-7/18	\$20/\$30	7000.245
		(no class 7/4)		
16+	Th	7/25-8/29	\$20/\$30	7000.246

Schuetze Recreation Center, Riverview Room

Min: 9 Max: 15

16+	Th	6/15-7/20	\$20/\$30	7000.247
		(no class 7/6)		
16+	Th	7/27-8/31	\$20/\$30	7000.248

Rotary Building

Min: 9 Max: 15

*Instructor will contact registered participants to set up a time to meet

Aqua Tabata

Tabata is one of the most effective types of high intensity interval training. Mixing this format with the properties of water through a variety of simple, yet intense exercises, allows each class to blast away the calories and provide noticeable results in a short amount of time. Class begins with a short warm-up in the pool followed by a series of four minute exercise sequences.

AGE	DAYS	DATES	TIME	R/NR FEE	CODE
16+	Tu	6/20-8/8	5:00-5:45 pm	\$21/\$32	4500.282
		(no class 7/4)			

Buchner Pool

Min: 12 Max: 25

Instructor: Kathleen Barbian, Certified Instructor

Aqua Zumba

Exercising in the water gives you the same benefits as exercising on land, cardio stamina, muscle building and weight loss can all be obtained from a water fitness class. Aqua Zumba incorporates dance and fitness moves and makes it fun for everyone.

Aqua Zumba makes it feel like a pool party.

**Water shoes are recommended

AGE	DAYS	DATES	TIME	R/NR FEE	CODE
16+	W	6/21-8/9	5:00-5:45 pm	\$39/\$59	4500.281
		(no class 7/5)			

Buchner Pool

Min: 12 Max: 25

Instructor: Kathleen Barbian, Certified Aqua Zumba Instructor

Free Class – Come try our Aqua Fitness offerings

Participants will be asked to complete a trial waiver prior to participation. Please check in at the front desk or forms available online.

Aqua Tabata: Tuesday, June 13 – Buchner Pool, 5:00-5:45 pm

Aqua Zumba: Wednesday, June 14 – Buchner Pool, 5:00-5:45 pm

SATURDAY CLASS

20/20/20 Strength

Gain total body strength and definition with this dynamic and creative group strength-training class. The class uses a combination of power tubing, free weights and body weight exercises for an effective one hour class - 20 minutes upper body, 20 minutes lower body and 20 minutes of core conditioning. Perfect for men and women of all ages and abilities. No experience necessary! Bring a mat and a water bottle.

AGE	DAYS	DATES	TIME	R/NR FEE	CODE
16+	Sa	6/3-8/26	7:45-8:45 am	\$32/\$48	7000.232
		(no class 7/1)			

Schuetze Recreation Center, Gym

Min: 12 Max: 35

Instructor: Pam Treder, Certified NETA Instructor and Sue Peterson, Certified NETA Instructor

Fall Softball Leagues 16 Years & Older

Looking for that extra opportunity to play some softball this fall? The season will run four weeks playing seven games. Make the most out of the nice fall weather. The first three weeks, teams will play double-headers and the fourth week, a single game. Leagues will run Mondays (Men's & Coed), Tuesdays (Men's) & Wednesday nights (Men's). Choose the night that works best for your team. One new ball will need to be provided by each team per game. All games will be played at Saratoga Complex.

Leagues:

Mondays: September 11 – October 2

Tuesdays: September 12 – October 3

Wednesdays: September 13 – October 4

Registration Dates:

Returning & Transfer Teams: August 7 - 11

New Teams: August 14 - 18

Deadline: August 25

Team Entry Fees: \$285

Men's All - City Softball Tournament

REGISTRATION DATES:

Now – July 14

Waukesha Parks, Recreation & Forestry Office
1900 Aviation Drive
Waukesha, WI 53188

Men's Tournament:

August 14-18 "C & D" Bracket – Max. 32

August 21-25 "A & B" Bracket – Max. 32

Entry Fee:

Early Bird: 2/20-6/15 \$175.00

Tournament Fee: 6/16-7/14 \$225.00



Photo by Martin Pitzer

Men's 7 on 7 Touch Football 16 Years & Older

Interested in playing touch football this fall? Get your team together and join our 7 on 7 Touch Football League. All games are played at Prairie Park Football Field on Wednesday nights.

Registration Dates:

Returning & Transfer Teams: August 7 - 11

New Teams: August 14 - 18

Team/Player Fees (tax included)

100% City Resident: \$270

Teams with Non-Residents: \$370

League Play:

Wednesdays, September 13 – October 18

Tournament: October 25 and November 1

**...COMING
THIS FALL!**

Father/Son - 4 on 4 League

League coming Fall 2017.

See Fall Activity Guide for more info.

Pickleball Classes

WPRF Pickleball classes have grown immensely since they started in 2011. We have approximately 150 players of all ages and abilities playing this great game. The summer classes are designed to allow people with similar abilities to play together, with consideration towards wait times and number of people registered. See you on the courts!

Pickleball – Social (Indoor)

The name is funny but the sport is full of action. Pickleball is a blend of tennis and ping pong played on a badminton-size court. It is one of the fastest growing sports in the country, especially in Senior Communities. Pickleball provides plenty of exercise and eye-hand coordination. This class is structured for players who have learned the game and are looking to improve their skills while having fun. Players should be working towards consistency in serving, returning serves, and sustaining a rally of volley and ground shots. This play is considered “Social Play”, while providing a competitive edge. Players will continue to rotate on and off the courts during sessions. Tennis shoes are required, eye protection is encouraged.

AGE	DAY	DATES	TIME	R/NR FEE	CODE
16+	M,Th	5/1-6/1	12:30-3:30 pm	\$5/\$8	8000.271

Schuetze Recreation Center, Gym Min:24 Max:75

Instructor:WPRF Volunteers

NOTE: Paddles and balls will be provided.

Pickleball – Competitive (Indoor)

Pickleball is a blend of tennis and ping pong played on a badminton-size court. Pickleball provides plenty of exercise and eye-hand coordination. This class is structured for players who know the game and are practicing towards tournament play. Players will continue to rotate on and off the courts during sessions. Tennis shoes required, eye protection is encouraged.

AGE	DAY	DATES	TIME	R/NR FEE	CODE
16+	W,F	5/3-6/2	12:30-3:30 pm	\$5/\$8	8000.272

Schuetze Recreation Center, Gym Min:24 Max:75

Instructor:WPRF Volunteers

NOTE: Paddles and balls will be provided.

Pickleball – Advanced Beginner to Advanced (Outdoor)

Are you hooked on Pickleball? If so, we know why. It improves hand-eye coordination and balance, raises your heartbeat and metabolism rate, promotes good sportsmanship, and is a fun/enjoyable social game. This program is structured for players who have learned the game and are looking to improve their skills. Eight courts are available for play at Banting Park. Play will be divided by ability level as needed, to encourage competitive and fun games. Tennis shoes are required, eye protection is encouraged. You must be registered to participate.

AGE	DAY	DATES	TIME	R/NR FEE	CODE
16+	Tu,W,F	6/6-9/29*	8:30-11:30 am	\$18/\$27	8000.273
(no program 7/4)					

*Please note: If the outdoor permanent pickleball court project is not completed by the start of the program pickleball will be held at the Schuetze Recreation Center on Tu,W and F from 12:30-3:30 pm

Banting Park Pickleball Courts Min: 36 Max: 125

Instructor/Coordinator:WPRF Volunteers

NOTE: Paddles and balls provided.

Pickleball – First Time Players (Outdoor)

In this program, you will learn pickleball basics at your own pace. Volunteers will provide instruction and assist with games. Pickleball provides plenty of exercise, improves hand-eye coordination and you don't have to be “super athletic” to play. Tennis shoes required, eye protection encouraged.

AGE	DAY	DATES	TIME	R/NR FEE	CODE
16+	Th	6/8-6/29	8:30-10:30 am	\$10/\$15	8000.274

Banting Park Pickleball Courts

Min: 8 Max: 36

Instructor/Coordinator:WPRF Volunteers

NOTE: Paddles and balls provided.

Pickleball – 101 Workshop (Outdoor)

This workshop is designed for beginners and will cover everything from holding a paddle correctly to fundamental game play. Please wear tennis shoes and athletic clothes. WPRF will supply the equipment needed to play and the paddles. All ages are welcome

AGE	DAY	DATES	TIME	R/NR FEE	CODE
16+	Sa	6/17	8:30-11:30 am	\$5/\$8	8000.275
16+	W	6/14	6:00-8:00 pm	\$5/\$8	8000.276
16+	W	6/28	6:00-8:00 pm	\$5/\$8	8000.277

Banting Park Pickleball Courts

Min: 8 Max: 36

Instructor/Coordinator:WPRF Volunteers

NOTE: Paddles and balls will be provided.

Pickleball – Drills and Skill Workshop (Outdoor)

Practice improving specific skills while not playing a game during this skill workshop. Tennis shoes are required, eye protection encouraged.

AGE	DAY	DATES	TIME	R/NR FEE	CODE
16+	Sa	6/17	8:30-11:30 am	\$5/\$8	8000.278
16+	W	6/14	6:00-8:00 pm	\$5/\$8	8000.279
16+	W	6/28	6:00-8:00 pm	\$5/\$8	8000.280

Banting Park Pickleball Courts

Min: 8 Max: 36

Instructor/Coordinator:WPRF Volunteers

NOTE: Paddles and balls will be provided.

New ~ Pickleball Courts: Open Play Coming to Banting Summer of 2017

We are pleased to announce that the City of Waukesha Parks, Recreation and Forestry Department will install their first permanent, public outdoor pickleball courts and refurbish one tennis court at the current Banting Tennis Court site.

WPRF appreciates the dedicated commitment of volunteers, Lynn Knak, Karen Race, Carleen Harasha, Pat Grulke and Al Grulke that helped grow the sport by setting up temporary nets several times throughout the week for the past 6 years.

Pickleball combines the elements of tennis, badminton and ping pong. All ages are welcome to use the courts for open play when they are not in use by WPRF programs or rental groups. Participants will need to supply their own balls and paddles and are required to wear tennis shoes and encouraged to wear eye protection.

Bocce "Meetups"

Want to try a new activity that is played outdoors, is easy to learn, and a great way to meet people? We have the perfect game, bocce! Two to eight players take turns throwing the larger bocce balls at the smaller pallino, with the goal of getting their own ball closest to the pallino. Bocce "Meetups" are an open play format for bocce games. Come when you can, teams will be formed with players in attendance. You will play with different players each week. Enjoy good sportsmanship and bocce fun!

AGE	DAY	DATES	TIME	R/NR FEE	CODE
16+	M	6/5-8/14	9:00-10:30 am	\$15/\$22	8000.281
(no class 7/3)					

Grass Bocce Courts at Rotary Building Min: 8 Max: 32
Coordinator: WPRF Staff & Volunteers
Note: Bocce sets and courts will be provided.

Tennis Lessons for Adults

New to Tennis or need a refresher? How many other sports can be played by anyone, at any age, at almost any time of year, and anywhere in the world? These adult lessons are designed for people with limited tennis experience. These skill based lessons are taught by Waukesha Tennis Association staff, they will stress fundamentals and game play. Instructor to student ratio is approximately 1:4. Pick up a racquet for the sport of a lifetime!

AGE	DAY	DATES	TIME	R/NR FEE	CODE
HALF SESSIONS					
16+	M	6/12-6/26	7:00-7:55 pm	\$21/\$31	5500.233
16+	M	7/10-7/31	7:00-7:55 pm	\$28/\$42	5500.234
FULL SESSIONS					
16+	M	6/12-7/31	7:00-7:55 pm	\$49/\$69	5500.235
(no class 7/3)					

Prairie Tennis Courts, 1801 Center Road Min: 4 Max: 12
Instructors: Waukesha Tennis Association Staff
NOTE: Rain "make-up" days will be Tuesdays.

Golf Lessons for Adults

A perfect way to end the week, Friday night Golf with friends! If you have never played before or looking for a refresher these lessons are ideal. We will cover the fundamentals of the game, course etiquette, and basic rules. When complete you will have everything you need to hit the links and have some fun.

AGE	DAY	DATES	TIME	R/NR FEE	CODE
16+	F	5/12-6/9	5:30-6:30 pm	\$53/\$73	5900.244
(no class 5/26)					

Moor Downs Golf Course Practice Green on Barstow St.
Instructor: Mike Quinlan Min: 4 Max: 8

Sr. Social Golf League (55+)

This is a social league open to men and women ages 55+. We will keep scores but stats will not be tallied. You can sign up as a single, with partner, or any size group. Tee times will be from 9:00-11:00 am (early tee times are filled first at registration but requests will be taken). If you sign up with a partner or group you can play together. What's all included in your cost: 6 rounds of golf, weekly event holes, welcome coffee and donuts at beginning of each session and snack and beverage social last day of each session. Carts can be rented on league day for \$7.00 per person at the course.

AGE	DAY	DATES	TIME	R/NR FEE	CODE
55+	W	6/14-7/19	9:00-11:00 am	\$75/\$95	5900.270
55+	W	7/26-8/30	9:00-11:00 am	\$75/\$95	5900.271

Moor Downs Golf Course Min: 12 Max: 36
Phone Number: (262) 548-7821

Golf Lessons for Sr. Adults

This series of lessons is perfect for an introduction to the game of golf. We will cover the fundamentals of the game, course, etiquette, and basic rules. Once complete you will have all the tools you need to get out on the course and have some fun!

AGE	DAY	DATES	TIME	R/NR FEE	CODE
55+	Th	5/4-6/1	9:00-10:00 am	\$53/\$73	5900.280
55+	Th	6/15-7/13	9:00-10:00 am	\$53/\$73	5900.281

Moor Downs Golf Course Practice Green on Barstow St.
Instructor: Bob Beyer Min: 4 Max: 8

Senior Strength: Total Body Workout

Join us for a fun energetic class that will improve your strength, balance, stability, core, flexibility, agility and endurance. A combination Hi/Low aerobics, barre, boot camp, circuit, intervals, cardio dance, toning, strength and more will challenge your muscles in different ways and keep you motivated all session long. Participants should bring water bottle and mat to class. Men and Women of all fitness levels are welcome.

AGE	DAY	DATES	TIME	R/NR FEE	CODE
55+	M,W	6/5-8/30	10:15-11:15 am	\$40/\$60	8000.211
(no class 7/3, 7/5)					
ONE DAY OPTION					
55+	M	6/5-8/28	10:15-11:15 am	\$20/\$30	8000.213
(no class 7/3)					
55+	W	6/7-8/30	10:15-11:15 am	\$20/\$30	8000.215
(no class 7/5)					

Schuetze Recreation Center, Gym Min: 12 Max: 50
Class will be held in the Activity Room on August 14, 16
Instructor: Jessica LaBeree-Patt, Certified NETA Instructor